



**Lifeguard Conference**  
**Thursday May 31, 2007**  
**CharterOak Chapter Headquarters American Red Cross**  
**209 Farmington Avenue, Farmington, CT**  
**5-8 PM**



**Registration Form**  
**Lifeguard Staff Registration**  
**\$8.00 per person**

**Fill out the following:**

Recreation Department: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

Thursday, 5/31/07 information:

Staff Leader Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail \_\_\_\_\_

FAX \_\_\_\_\_

Cell or Beeper for Sunday 5/31/06 \_\_\_\_\_

Other Staff:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

\_\_\_\_\_ **#participants x \$8 = Total:** \_\_\_\_\_

Make checks payable to **“CRPA”**

Method of Payment \_\_\_\_\_ P.O. # \_\_\_\_\_

\_\_\_\_\_ Check # \_\_\_\_\_

**Return by May 21 2007 (or Fee is \$10 Per Person)**

TO: CT Recreation and Parks Association, Inc.

1800 Silas Deane Highway, Suite 172

Rocky Hill, Connecticut 06067

Phone (860) 721-0384

FAX (860) 529-8708

E-mail: info@crpa.com

Web site: [www.crpa.com](http://www.crpa.com)

**Lifeguarding (r. 06) Instructor Update**

CRPA will be offering a group orientation to the new Red Cross Lifeguarding program for current Lifeguarding Instructors.

The orientation will meet be held from 5:15-7:00pm. The update will include the new books and CD-ROM's, and will orient you to all the new materials.

All current instructors have to update by Dec. 2007. The fee is \$100.

Registrants for Instructor Update:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

\_\_\_\_\_ **#participants x \$100 = Total:** \_\_\_\_\_

Make checks payable to **“CRPA”**

Method of Payment \_\_\_\_\_ P.O. # \_\_\_\_\_

\_\_\_\_\_ Check # \_\_\_\_\_

## Schedule/ Thursday, May 31, 2007/ 209 Farmington Avenue, Farmington, CT

5:00 PM Registration

5:10 PM Opening Remarks

5:15-6:00 First Session - choose between the following topics:

The New Guard Experience” helpful hints for the novice lifeguard. This session gives you “everything you need to know”, but were never told.

The New HEAD GUARD Experience. **This session is for those who** will be supervising other lifeguards for the first time.

Spice Up Your Swim Lessons with Games and Contests. If you are having fun your students will learn better.

Blood Bourne pathogens and RWT's; what you should know!

6:00 – 6:05 change rooms

6:05 – 6:50 Second Sessions - choose between the following topics:

Sun Safety; a tan is not a sign of health! Learn what you can do to prevent getting skin cancer.

Dealing with uncooperative Patrons

The New Red Cross programs. American Red Cross changes and updates will be explained.

Beach life guarding; surveillance at a beach is different than at a pool.

6:50- 6:55 change rooms

6:55 – 7:40 Third session - choose from the following:

Lifeguard Assertiveness

Legal Considerations, “Do you know the right thing to do?”

First Aid Jeopardy

Using a backboard on land

**7:40 – 7:50 PM Closing Remarks.**

**7:50 – 8:00 PM PIZZA: Please stay and network with lifeguards from other towns. Share your experiences and learn from others.**



**Directions Mapquest: Charteroak Chapter Headquarters American Red Cross  
209 Farmington Avenue, Farmington, CT**

### Event Questions:

Call Jessica Rothfuss, Manager, American Red Cross if you have questions about the event: #860-528-1458 or [rothfussj@usa.redcross.org](mailto:rothfussj@usa.redcross.org)

**OR**

Call Dianne Mailloux, Recreation Supervisor, East Hartford Parks and Recreation if you have questions about the event: #860-528-1458 or [Dmailloux@ci.east-hartford.ct.us](mailto:Dmailloux@ci.east-hartford.ct.us)

### Registration Questions:

Call CRPA for questions about registration: #860-721-0384 [info@crpa.com](mailto:info@crpa.com)